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# The Placebo Response in Adult ADHD as Objectively Assessed by the TOVA Continuous Performance Test

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Abstract:	Objectives: We compared the placebo response (PR) as measured by the Test of Variables of Attention (TOVA) and the Conners' Adult ADHD Rating Scale (CAARS) scores.  Methods: A retrospective data analysis from a double-blind placebo-controlled study of metadoxine-ER in adults with ADHD. An additional database was used for comparison to TOVA response after methylphenidate-challenge (TOVA-MPH-R) Results: PR was highest when calculated from the TOVA-Attention Composite Score (ACS). The PR showed significantly fewer variables improving concomitantly compared to MPH-R. The most prominent correlation between the CAARS-PR and the TOVA-PR was in the Omissions score (p = .032), which was age-dependent (b = 0.0007,p < .001).  Discussion: TOVA-PR has an, index-specific profile, compared to CAARS-PR and TOVA-MPH-R. The partial correlation of TOVA-PR with CAARS-PR suggests that a composite score of TOVA specific indices and CAARS could have a synergic impact to improve the reliability of the response assessment in adult ADHD



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#### Abstract

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**Results**: PR was highest when calculated from the TOVA-Attention Composite Score (ACS). The PR showed significantly fewer variables improving concomitantly compared to MPH-R. The most prominent correlation between the CAARS-PR and the TOVA-PR was in the Omissions score (p = .032), which was age-dependent (b = 0.0007, p < .001).

**Discussion**: TOVA-PR has an, index-specific profile, compared to CAARS-PR and TOVA-MPH-R. The partial correlation of TOVA-PR with CAARS-PR suggests that a composite score of TOVA specific indices and CAARS could have a synergic impact to improve the reliability of the response assessment in adult ADHD

"Until recently, the history of medical treatment is essentially the history of the placebo effect." (Shapiro and Shapiro, 1997)

#### Introduction

Broadly defined as the response to the healing situation (Harrington, 2000), it seems that the placebo response has by now completed the three phases in the life of an artifact (McGuire, 1969): first ignored, then controlled for, and, at last, studied in its own right.

Narrowly defined, the *placebo response* (PR) is all outcomes that follow administration of "an inert treatment or substance", whether induced by the placebo or not. The *placebo effect* (PE), however, describes only those outcomes thought to be caused by the placebo itself and not by other aspects of the clinical context. The two main mechanisms currently thought to mediate the PE are expectancy and conditioning (Murray and Stoessl, 2013). The different pathways and effector mechanisms lying between these constructs and the clinical PE, as well as the PR, have only partly been elucidated (Weimer, Colloca and Enck, 2015).

The PR in Attention Deficit/Hyperactivity Disorder (ADHD) has mainly been studied in relation to its effects on clinical symptoms, which are by definition assessed subjectively, based on ratings derived from standardized rating scales or interviews. These ratings may be associated with neurocognitive impairment, but do not necessarily indicate such impairment (Ben-Sheetrit et al., 2018). However, data derived from various trials, as reviewed and meta-analyzed by Losier, McGrath and Klein (1996), reveals that drugs (e.g., methylphenidate) and placebos do differ in their effects on neurocognitive performance, and that these differences can be detected using continuous performance tests (CTPs). Losier et al.'s (1996) data arguably show that methylphenidate reduces omissions and commissions by 39% and 29% (respectively) compared to placebo. However, using the signal detection theory paradigm, their graphic data (Fig. 2b and 2c, ibid., p. 984) show that the overall accuracy, in terms of

differentiating between targets vs. non-targets, is, surprisingly, almost unaltered compared to placebo. This suggests that the PR is more prominent in some measures of CPTs than in others, yet the pattern of PR in different measures of CPTs has yet to be thoroughly investigated.

This apparent lacuna in the literature has several important implications for both clinical research and practice. Regarding research, differentiating between drug and placebo responses has long become the gold-standard of clinical trials (the randomized placebo-control paradigm), and some have suggested that the increasing placebo response over the years has hindered our ability to aptly detect and employ novel therapeutic strategies (Ben-Sheetrit at al., 2018; Fava, Evins, Dorer & Schoenfeld, 2003), although this is controversial (Khan, Fahl Mar and Brown 2017). Identifying the patterns by which specific neurocognitive outcomes are improved due to PR, could aid in discriminating between drug response and PR, and thus could improve the decision-making process of the treatment in the clinic.

Therefore, the main objective of this study was to investigate the (PR) as observed in a continuous performance test, namely, the Test of Variables of Attention (TOVA), using data from a randomized placebo-controlled trial in adults with ADHD. We were specifically interested in: (1) Discriminating the PR and the response to methylphenidate challenge (MPH-R) according to the TOVA. (2) Assessing whether symptomatic improvement with placebo as measured by the Conners' Adult ADHD Rating Scale (CAARS) is associated with improved neurocognitive performance on the TOVA; (3) Determining which variables of the TOVA are more sensitive to PR.

**Participants**: This was a retrospective analysis of data pooled from a 10-week randomized, multicenter, double-blind placebo-controlled clinical trial of metadoxine-ER (1400 mg/day) conducted in 2016 in adults with ADHD (Manor et al., 2016, unpublished data).

One hundred and thirtynine adults (70 women), aged 37.4 ± 10.5 were included in the analysis. The study was approved by the Institutional Review Boards (IRBs) of all the centers involved. All participants provided informed consent to participate in the study. The main inclusion criteria were a DSM-5 diagnosis of ADHD as assessed by the Adult ADHD Clinician Diagnostic Scale (ACDS version 1.2) modified for DSM-5, and at least moderate clinical severity; Clinical Global Impression-Severity score ≥4 and Conners' Adult ADHD Rating Scale–Investigator rated (CAARS-Inv) >24. The main exclusion criteria were any major psychiatric or general medical comorbidity, any significant visual impairment, previous resistance to ADHD medications or any known allergies to the study drug ingredients (Manor et al., 2016, unpublished data). There were no overlaps in study participants between this study and past studies of Metadoxine-ER. We included in the current data analysis only participants that completed the entire study period and were treated by placebo.

#### **Procedure**

The CAARS-Inv was recorded at baseline and its improvement was used as a primary endpoint. The timing of the endpoint was week 10. The TOVA was conducted 3 times: at baseline, at week 4, and at week 10 (the final visit).

#### Measures

Test of Variables of Attention (TOVA). The TOVA is among the most commonly used CPTs and has been studied and normed in both children and adults (Greenberg & Waldman, 1993; Greenberg, Kindschi, Dupuy & Hughes, 1994). The TOVA is used as an aid for diagnosis (Forbes, 1998) as well as for the assessment of treatment response (Fuchs, Birbaumer, Lutzenberger, Gruzelier & Kaiser, 2003). The main indices of the TOVA include omission errors (O), a measure of inattention; commission errors (C), a measure of response inhibition or impulsivity; reaction time (RT), which measures speed of information processing and motor response; RT variability (RTV), calculated as the standard deviation of RT, and considered to reflect consistency or variability of attention; D prime (D') or response sensitivity, considered as a measure of attentional performance decrement, or the rate of deterioration of attentional performance over time; and the Attention Comparison Score (ACS), a measure of the subject's overall performance on the TOVA compared to other individuals diagnosed with ADHD (Greenberg & Waldman, 1993). Thus, all numerical data regarding the TOVA indices refer to the standard scores of these measures (for example O means O-Standard Score, C means C-Standard Scores, etc.).

In a previous study, no significant practice effect was detected in any of the variables in repeated administrations of the TOVA (Rotem et al., 2019). Although the sensitivity of the TOVA is reasonably good (80-85%), it is limited in terms of specificity, with about 30% false-positives found in at least two studies in children (Forbes, 1998; Schatz, Ballantyne & Trauner, 2001), which makes the TOVA impractical as a single measure for determination of diagnosis.

Conners' Adult ADHD Rating Scale-Investigator rated (CAARS-Inv). The CAARS-Inv (Conners, Erhardt & Sparrow, 1999) was used in this study for baseline assessment. The CAARS includes the inattentive (subscale A, or CAARS-A), hyperactive-impulsive (subscale B, or CAARS-B) and total ADHD (subscale C, or CAARS-C) scores,

and the ADHD index (subscale D, or CAARS-D). CAARS-A and -B are based on the DSM criteria, and CAARS-C is the summary of both. The Placebo Response (PR) as measured by the CAARS (CAARS-PR) was defined and analyzed in a former paper (Ben-Sheetrit et al., 2018). These data were used in this study in order to compare the CAARS-PR to the patterns of the PR according to the TOVA (TOVA-PR).

In order to compare the TOVA-PR to those of MPH-R in adults with ADHD, a sub-analysis was conducted. The data for the sub-analysis were pooled from a database of adults with ADHD who were diagnosed in the ADHD Clinic of Geha MHC during the same years (retrieved randomly). Thirty two adults were included in the sub-analysis. The inclusion criteria were: adults of the same age groups, a diagnosis of ADHD according to DSM-V, and improvement in response to MPH as part of the TOVA assessment during the baseline evaluation. Dosages of the single-dose challenge were weight-adjusted (0.3 mg/kg). Exclusion criteria were major comorbid psychiatric or general medical diagnoses; use of medications other than oral contraceptives; no alcohol or drug use disorders. The data collection was approved by the IRB of Geha MHC.

#### Statistical analysis

Analyses were performed using SPSS for Windows ver. 22 (IBM Inc., Chicago, IL, USA). The pre-specified endpoint was TOVA performance at week 10. In order to evaluate changes in TOVA scores between baseline and endpoint and determine whether there were differences in the concomitantly-changed number of improved TOVA variables, an independent-sample t-test was performed. When the assumption of homogeneity of variances as assessed by the Levene's test for equality of variances was violated, a Welch t-test was used. The association between TOVA-PR and CAARS-PR was measured using a chi-square test. Phi  $(\phi)$  strength was considered weak, moderate or strong if phi was in the range of 0.1-0.39, 0.4-0.69, or 0.7-0.99, respectively (Dancey & Reidy, 2004). Moderation analysis was

performed using moderation model 1 of Hayes PROCESS (Hayes, 2013), and the Johnson-Neyman analysis (Johnson & Fay, 1950) was used to identify the value of the moderator at which the association became significant. Results are presented as rates (%) and/or mean  $\pm$  standard deviation, as appropriate. P<.05, was considered as statistically significant.

#### Results

#### **Between-visits Changes in TOVA variables**

The change in each of the TOVA variables between the baseline visit and the endpoint was analyzed using a paired-sample t-tests. As displayed in Table 2a, statistically significant differences were found for C (t = -4.32, p < .001) and d' (t = -2.13, p = .03), but not for other variables. In contrast to the TOVA-PR, the TOVA-MPH-R changes were both statistically and clinically significant for all its variables, as all the standard scores were normalized (Table 2b).

The above-mentioned analyses were repeated in a sub-group using only data from participants who responded to placebo (n = 75; defined as >25% improvement in CAARS scores). The results remained unchanged (not shown).

Age, gender, and other demographic baseline characteristics were not predictive of a placebo response (data not shown).

### The proneness of different TOVA variables to display a placebo response (PR-proneness)

The tendency of different TOVA variables to exhibit a placebo response (PR-proneness) is measured in this study by the percentage of participants who exhibited a PR on the same TOVA variable. A comparison of PR-proneness to MPH-proneness (defined using the same logic as described above for PR-proneness) was conducted, using a cutoff of an improvement of a magnitude of at least 2 standard deviations as an indicative factor (Figure

1). The test of two proportions used was the chi-square test of homogeneity, unless otherwise specified. The ACS was the most PR-prone of all the TOVA variables. This was also true in the MPH group (albeit much stronger), a statistically significant difference in proportions of .66 (p<.001). However, the drug-placebo difference in proportions became much more evident in several other variables, with statistically significant drug-placebo differences in O (p<.001), RTV (p<.001) and d' (p<.001). Due to small sample sizes in C and RT, Fisher's exact test was conducted, revealing a significant drug-placebo difference in RT (p = .011), but not in C (p = .256) (Fig. 1).

#### How many TOVA variables co-improve in a Response to Placebo vs. MPH?

Table 3 presents the number of co-improved TOVA variables in PR and MPH-R, from one variable to all six. About 15% of the participants displayed a PR in one index, but when PR was defined as a concomitant improvement in >1 indices, the rates decreased rapidly, reaching 0.7% when all six variables were required to be improved significantly (Table 3). In contrast, MPH response resulted in significantly more indices improving concomitantly, have the largest rate of 3-4 variables concomitantly, with a prevalence of 31.3% and 28.1%, respectively (Table 3, Fig. 2).

An independent-samples t-test was conducted in order to determine whether there were drug-placebo differences in the mean cumulative number of co-improved TOVA variables. MPH mean number of co-improved TOVA variables (M=3.00, SD=1.44) was higher than placebo (M=0.74, SD=1.32), a statistically significant difference, M=2.26, 95% CI [1.74, 2.78],  $t_{(169)}$ =8.58, p<.001.

#### Is there a correlation between the CAARS-PR and the TOVA-PR?

Table 4 presents the frequencies of placebo response (PR) and non-response (NPR) as assessed by each of the TOVA variables in CAARS-Inv responders vs. non-responders. In

order to investigate the relationship between response to placebo according to CAARS-Inv (defined as an improvement of 25%) and response to placebo according to each of the TOVA variables (defined as improvement of 2SD) a chi-square test for association was conducted. There was a statistically significant association between O, PR and CAARS-Inv PR,  $\chi^2_{(1)}$  = 4.59, p = .032, indicating this association to be weak,  $\varphi = 0.182$ , p = .032.

#### Does age moderate the correlation between the CAARS PR and TOVA PR?

Moderation Model 1 of Hayes PROCESS (Hayes, 2013) was used in order to investigate whether the relationship between the CAARS-PR and the TOVA-PR (defined as the cumulative number of variables that improved by at least 2SD) was moderated by age. The analysis revealed a significant interaction [b = 0.0007, SE = 0.0002, t(136) = 3.44, p < .001], indicating that the effect of the TOVA-PR on the CAARS-PR was mediated by age.

The Johnson-Neyman analysis (Johnson & Fay, 1950) was used to identify the value of the moderator (age) where the association between the TOVA-PR and the CAARS-PR became significant. As can be seen in Fig. 3, above the age of 31 years the relationship became significantly positive ( $p \le 0.05$ ).

#### **Discussion**

As was mentioned earlier, in a previous study, no statistically significant practice effect was found in any TOVA variable (Rotem et al., 2019). As such, the findings in this study are attributed to the placebo response.

Major findings

The identification of the critical indices that comprise the TOVA placebo response.

It was found that the ACS is a less reliable outcome measure due to its high sensitivity to the placebo response. (. On the other hand, C and RT are insensitive to both MPH and placebo responses. Thus, it appears that three indices - O, RTV and d' - should be considered as the prominent markers for the assessment of a specific response to treatment (Tables 2a, 2b, Fig 1).

#### 2. TOVA-PR vs. CAARS-PR

The association between the placebo response in the TOVA (TOVA-PR) and the CAARS (CAARS-PR) is weak and exists only in some of the variables, reflecting the dissociation between the symptomatic response and the change in the degree of the cognitive impairment (Barkley et al., 2006; Gordon et al., 2006). It is of note, that only one index, the O that was already mentioned above, correlated significantly with the CAARS-PR (Table 5). Looking at the correlations between CAARS-PR and TOVA-PR according to the participants' age, it seems that until the age of 31 years there is a dissociation between the two. A statistical correlation between the two PR values is obtained only later in life (Fig 3).

#### 3. Comparison between the TOVA-PR and the TOVA-MPH-R

As was mentioned above, the TOVA-PR varied among the TOVA variables. TOVA performance under placebo was improved in only a minority of the participants (Table 3), and when improved statistically, the improvement tended to be non-clinically meaningful (Table 2a). Concomitant improvement in more than one TOVA variable was uncommon: the mean number of variables changed together was 0.79. In comparison, the TOVA response to MPH was much more consistent: the change from baseline to endpoint was also clinically meaningful. The mean number of variables concomitantly improved was 3. Furthermore, the TOVA response to MPH was much more pronounced, when using a cutoff point of 2SD (Figs. 1, 2).

Comparison between the TOVA-PR and the TOVA-MPH-R: As was mentioned above, the TOVA-PR varied among the TOVA variables. TOVA performance under placebo was improved in only a minority of the participants (Table 3), and when improved statistically, the improvement tended to be non-clinically meaningful (Table 2a). Concomitant improvement in more than one TOVA variable was uncommon: the mean number of variables changed together was 0.79. In comparison, the immediate TOVA response to MPH challenge was much more consistent. The changes from baseline to endpoint were also clinically meaningful and the mean number of variables concomitantly improved under MPH challenge was 3. Furthermore, the TOVA response to MPH was much more pronounced, when using a cutoff point of 2SD (Figs. 1, 2). It should be noted that the immediate response to MPH is likely to include also a placebo effect. However, the significant difference between the MPH-R and the PR according to the TOVA was beyond the statistical level and reached the normal range, supporting the Discussion possibility of a meaningful efficacy.

#### **Interpretation of the findings**

The analysis of the placebo response according to the change in different variables from one visit to the next revealed too that C, d' and ACS showed significant improvements under placebo while the other indices did not. It should be noted, however, that these changes were statistically significant, but their clinical relevance, according to the TOVA definitions, was less significant, since they remained in the abnormal to borderline range. It could be concluded that according to the small magnitude of the response achieved by placebo, the TOVA PR is not clinically meaningful, despite the statistical significance of the changes.

The same picture is found when the proneness of the different variables to PR was studied. A proneness to exhibit a PR is the percentage of participants who exhibited a PR in the specific variable. It is suggested to be an indicator of the insensitivity of a variable to discriminate between a placebo response and a medication effect. Again, a significant difference was found among the variables, ACS remaining the most prone to exhibit a PR, while C and d' became more sensitive to placebo, similar to the other indices, and RT was the most resistant one (fig 1).

Exploring the different variables, the significant difference between the sensitivity of ACS compared to the indices is prominent and, marks it as a sole non-specific indicator. It suggests that the ACS, the composite score, is a less reliable variable as a medication-response measurement than all the TOVA variables. It also implies that the placebo response as it is measured by the ACS is of a less specific nature, since it is a general composite score. As such, and in contrast to the TOVA indices, it doesn't reflect any specific executive function.

Trying to figure out the resistance of RT and C, it should be noted that these findings are relevant to adults, who were the study population. C is an index of impulsivity, thus, it is reasonable to assume that the age-related decline in hyperactivity impulsivity is responsible for the loss of its sensitivity to therapeutic interventions (Biederman, Mick & Faraone, 2000). It is likely that that the C, as well as the C placebo response, are more sensitive during childhood and adolescence. Identifying age-dependent differences in test-retest in all TOVA measures, including C, merits a further investigation.

The apparent insensitivity of RT to PR could be related to its being a low level executive function (EF) (Coghill, Banaschewski, Bliss, Robertson, & Zuddas, 2018). Furthermore, since this study was conducted in adult population, it could be that the response time and not

the impulsivity may be the main weakness, suggesting that this index becomes more stable in adults, than in younger population.

On the other hand, O, d' and most of all RTV, tend to be associated with high leveled EFs (Coghill, Banaschewski, Bliss, Robertson, & Zuddas, 2018). It is suggested that this may explain their higher capacity to discriminate between PR and drug response.

O was also the index, which was best correlated with the changes in CAARS. Thus, it is suggested that O, as the index of sustained inattention, is a better correlate of the CAARS symptomatic measurement.

The weak association between the TOVA-PR and the CAARS-PR could reflect another aspect of the dissociation between cognitive impairment and clinical symptoms, which is consistent with the literature (Hall et al., 2016; Wang, Chen, & Huang, 2015). It could also reflect the difference between the use of objective measures as opposed to subjective ones. It seems that subjective measures are much more prone to respond to placebo than the objective, cognitive measures.

Coghill et al (2017) as well as Weiss et al (2018) assessed the relationships between treatment-associated changes in different measures of ADHD that reflected symptoms and functional impairments. They showed that significantly fewer participants responded functionally compared to symptomatically, and that different measures captured "distinct but interconnected aspects" of treatment response. Van Lieshout et al (2019) showed that the outcomes of ADHD varied among the neurocognitive measures from "catching up" to impaired. They concluded that change in neurocognitive functioning was not related to ADHD outcomes and therefore posed a question about the etiological link between neurocognitive deficits and ADHD outcomes. These findings indicate that ADHD is a multidimensional construct that is comprised of separate, partially associated, though interlinked domains, including symptoms, cognition and functional status. Thus, it is suggested

that different types of measurements are needed in order to capture all of these aspects of the disorder.

Looking at the correlations between CAARS-PR and TOVA-PR according to the participants' age, it seems that until the age of 31 years there is no correlation between the two. A statistical correlation between the two PR values appears only later in life (Fig 3). It was suggested already that the cognitive impairment is less sensitive to environmental factors, compared to the symptoms (Buitelaar, Sobanski, Stieglitz, Dejonckheere, Waechter, & Schäuble, 2012). It is possible that the older the adults become, they have to deal with more demands in their life, including occupational, familial and social factors. The putative larger load on their executive functions, as well as being less flexible, and in a worse shape to use compensatory mechanisms, leads to a higher synergy between the symptoms and the cognitive impairment.

#### TOVA-PR Vs. MPH-PR:

As expected, in contrast to placebo, after an MPH challenge, the extent of the change of the different TOVA variables was much larger. The proneness of the TOVA variables was also much more pronounced. An interesting difference between the PR and the MPH response is the variability of response among the different indices in the MPH group in contrast to the "flat" placebo responses, which again might point to the weakness of this response.

A graphic summary of these findings is depicted in Fig.Fig. 4.

It seems that TOVA variables differ in their sensitivity to PR, as well as to MPH, and thus should not be counted on the same level of importance. More than that, such differences may reflect a variability in the sensitivity to PR of the different executive functions, as they are represented by the distinct variables of TOVA.

The importance of a composite score

As shown above, there is a pronounced variability in the response to therapeutic interventions among the standard scores and there is a persistent similar sensitivity and specificity of "the usual suspects" (O, RTV, d'). Thus, it is suggested that a larger emphasis on these variables and a re-calculation that will consider their reliability may improve the composite score. It is suggested that more studies should be done in an attempt to clarify the importance of each TOVA variable, their meaning in ADHD, and a possible creation of a more representative composite score.

#### Limitations

The major limitations of the study are the relatively small sample size; the retrospective nature of the study; and the comparison between responses to different measures that were obtained in different context.

The response to MPH was measured only once, during a one-time challenge, thus it could create some bias, including a PR that is immersed in the total response.

We referred only to MPH response, with no comparison to other stimulants. However, MPH was the gold standard for ADHD treatment in Israel during these years.

#### **Conclusions**

The PR according to the TOVA is weaker than the CAARS-PR, and their interaction is partial. On the same time, the TOVA response to MPH, compared to placebo, may be understood as a more specific and authentic response; the indices' sensitivity to inattention compared to the non-specific sensitivity of the composite score makes this specific score much more vulnerable to PR. It seems that the TOVA could be used to reduce PR obtained

by clinical ratings. It is also suggested that the indices, and not the ACS, should be considered, and that a composite score should be re-calculated of the important indices in an attempt to better discriminate between PR and drug response.

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Table 1

Demographic and clinical characteristics of the study sample.

Demographics	Placebo (n=139)	MPH (n=32)
Age in years, mean (SD)	37.44 (10.45)	30.15 (7.80)
Gender		
Man (%)	69 (49.6%)	24 (75%)
Woman (%)	70 (50.4%)	8 (25%)
Previous treatment (%)	67 (48.2%)	-
CAARS Baseline, mean (SD)	36.96 (7.45)	-

Note.; MPH = methylphenidate; CAARS-Inv = Conners' Adult ADHD Rating Scale- Investigator rating.

Table 2a

Descriptive Statistics and paired sample t-test Results for each TOVA index

	Base	eline	End	point					
Variable	M	SD	M	SD	n	95% CI	r	t	df
ACS	-2.58	5.68	-2.00	5.95	139	-1.55, 0.37	.51**	-1.20	138
O	73.54	27.05	73.99	28.73	139	-5.28, 4.38	.46**	-0.18	138
С	86.25	23.33	93.49	23.04	139	-10.55, -3.92	.63**	-4.32**	138
RTV	74.19	26.35	75.69	25.90	139	-5.48, 2.49	.58**	-0.74	138
RT	99.68	25.76	100.4	22.45	139	-3.63, 2.18	.74**	-0.49	138
ď'	74.80	24.45	79.62	27.48	139	-9.27, -0.35	.48**	-2.13*	138

Note. CI = confidence interval for Mean Difference; ACS = Attention Comparison Score, O = Omission Errors Standard Score, C = Commission Errors Standard Score, RTV = Response Time Variability Standard Score, RT = Response Time Standard Score.

<sup>\*</sup> *p* < .05, \*\* *p* < .01.

Table 2b

The magnitude of change between the baseline score and the endpoint score in MPH population.

	Bas	eline	End	point					
Index	M	SD	M	SD	n	95% CI	r	t	df
ACS	-6.42	6.70	2.21	2.75	32	-10.81, -6.46	.43*	-8.09**	31
O	67.78	23.40	100.1	9.73	32	-40.18, -24.49	.37*	-8.40**	31
C	86.84	25.09	101.8	18.40	32	-23.82, -6.17	.40*	-3.46*	31
RTV	59.53	19.66	97.93	18.37	32	-45.87, -30.94	.40*	-10.49**	31
RT	84.78	26.32	101.3	26.41	32	-24.75, -8.31	.62**	-4.10**	31
ď,	68.87	16.20	102.0	16.92	32	-39.82, -26.14	.37*	-10.14**	31

Note. MPH = methylphenidate; CI = confidence interval for Mean Difference; ACS = Attention Comparison Score, O = Omission Errors Standard Score, C = Commission Errors Standard Score, RTV = Response Time Variability Standard Score, RT = Response Time Standard Score. \* p < .05, \*\* p < .01.

Table 3

Comparison of PR and MPH response according to the TOVA number of indices they responded by and the ACS.

Number of response	Placebo	o (n=139)	MPH	(n=32)	
indices	n	%	n	9⁄0	
0	92	66.2	3	9.4	
1	21	15.1	2	6.3	
2	11	7.9	4	12.5	
3	5	3.6	10	31.3	
4	6	4.3	9	28.1	
5	3	2.2	4	12.5	
6	1	0.7	-	-	

Note. MPH = methylphenidate; ACS = Attention Comparison Score, O = Omission Errors Standard Score, C = Commission Errors Standard Score, RTV = Response Time Variability Standard Score, RT = Response Time Standard Score.

Table 4 The association between placebo response in CAARS-Inv and placebo response in TOVA (n=139).

	CA			
Variables	Responders, (n=75)	Non-responders, (n=64)	Phi (φ), <i>P</i> -value	
ACS			$\phi = 0.12$	
Responders, n (%)	22 (15.8)	12 (8.6)	p=.15	
Non-responders, n (%)	53 (38.1)	52 (37.4)		
O			$\varphi = 0.18$	
Responders, n (%)	12 (8.6)	3 (2.2)	p = .03	
Non-responders, n (%)	63 (45.3)	61 (43.9)		
C Responders, n (%)	11 (7.9)	5 (3.6)	$\varphi = 0.11$ $p = .21$	
• • • • • •			p21	
Non-responders, n (%)	64 (46)	59 (42.4)		
RTV			$\varphi = 0.12$	
Responders, n (%)	10 (7.2)	4 (2.9)	p = .17	
Non-responders, n (%)	65 (46.8)	60 (43.2)		
RT  Responders n (%)	5 (3.6)	1 (0.7)	$\varphi = 0.12$ $p = .14$	
Responders, n (%)	5 (3.6)		p14	
Non-responders, n (%)	70 (50.4)	63 (45.3)		
ď'			$\phi = 0.14$	
Responders, n (%)	13 (9.4)	5 (3.6)	p = .10	
Non-responders, n (%)	62 (44.6)	59 (42.4)		

Note. CAARS placebo response – 25% Improvement; CAARS-Inv = Conners' Adult ADHD Rating Scale-Investigator rating; ACS = Attention Comparison Score, O = Omission Errors Standard Score, C = Commission Errors Standard Score, RTV = Response Time Variability Standard Score, RT = Response Time Standard Score.

Figure 1

Comparison of Placebo Response and MPH response according to the TOVA indices

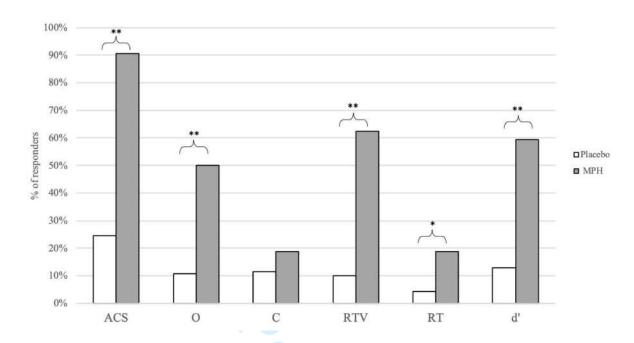


Figure 1. Percentage of responders to the different TOVA variables for each one of the treatments (Placebo\MPH); MPH - methylphenidate; ACS = Attention Comparison Score, O = Omission Errors Standard Score, C = Commission Errors Standard Score, RTV = Response Time Variability Standard Score, RT = Response Time Standard Score. \*p < .05, \*\*p < .001.

**Figure 2**Comparison of PR and MPH response according to the TOVA number of indices they responded to

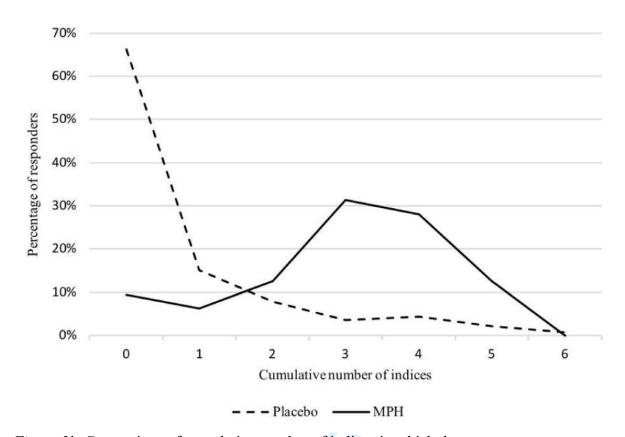


Figure 2b. Comparison of cumulative number of indices in which there was a response between placebo and MPH. Regular lines includes all five TOVA indices. Dashed lines includes all five TOVA indices and the composite score (ACS).



**Figure 3**The moderation model: the effect of age on the correlation between the PR of CAARS (%) and the PR of TOVA (measured by indices number).

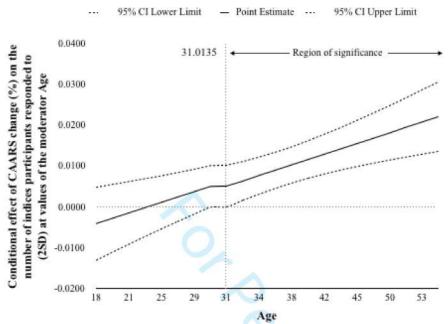


Figure 3. The moderation model: the effect of age on the correlation between the PR of CAARS (%) and the PR of TOVA (measured by indices number). A significant correlation is revealed from age 31.

Figure 4

The efficacy of the different TOVA variables.

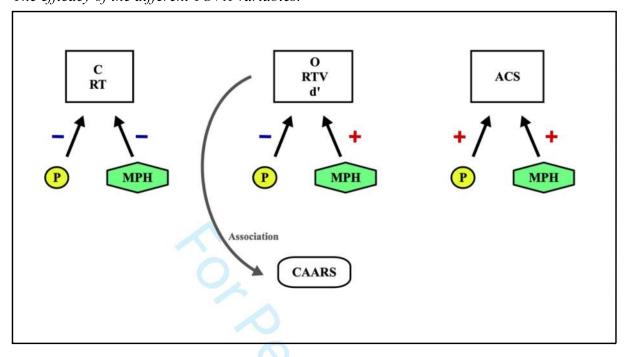


Figure 4. An illustration showing the efficacy of the different TOVA variables as measuring placebo vs. MPH response, and their interactions with the CAARS placebo response.

MPH - methylphenidate; P = Placebo; ACS = Attention Comparison Score, O = Omission Errors Standard Score, C = Commission Errors Standard Score, RTV = Response Time Variability Standard Score, RT = Response Time Standard Score.

Table 1 Demographic and clinical characteristics of the study sample.

Demographics	Placebo (n=139)	MPH (n=32)
Age in years, mean (SD)	37.44 (10.45)	30.15 (7.80)
Gender		
Man (%)	69 (49.6%)	24 (75%)
Woman (%)	70 (50.4%)	8 (25%)
Previous treatment (%)	67 (48.2%)	-
CAARS Baseline, mean (SD)	36.96 (7.45)	-
Note.; MPH - methylphenidate; CAARS	S-Inv — Conners' Adult ADHD R	ating Scale- Investigator rating.

Table 2a

Descriptive Statistics and paired sample t-test Results for each TOVA index

	Base	Baseline End point							
Variable	M	SD	M	SD	n	95% CI	r	t	df
ACS	-2.58	5.68	-2.00	5.95	139	-1.55, 0.37	.51**	-1.20	138
O	73.54	27.05	73.99	28.73	139	-5.28, 4.38	.46**	-0.18	138
C	86.25	23.33	93.49	23.04	139	-10.55, -3.92	.63**	-4.32**	138
RTV	74.19	26.35	75.69	25.90	139	-5.48, 2.49	.58**	-0.74	138
RT	99.68	25.76	100.4	22.45	139	-3.63, 2.18	.74**	-0.49	138
ď'	74.80	24.45	79.62	27.48	139	-9.27, -0.35	.48**	-2.13*	138

*Note.* CI = confidence interval for Mean Difference; ACS = Attention Comparison Score, O = Omission Errors Standard Score, C = Commission Errors Standard Score, RTV = Response Time Variability Standard Score, RT = Response Time Standard Score.

<sup>\*</sup> *p* < .05, \*\* *p* < .01.

Table 2b

The magnitude of change between the baseline score and the endpoint score in MPH population.

	Base	eline	End	point					
Index	M	SD	M	SD	n	95% CI	r	t	df
ACS	-6.42	6.70	2.21	2.75	32	-10.81, -6.46	.43*	-8.09**	31
О	67.78	23.40	100.1	9.73	32	-40.18, -24.49	.37*	-8.40**	31
C	86.84	25.09	101.8	18.40	32	-23.82, -6.17	.40*	-3.46*	31
RTV	59.53	19.66	97.93	18.37	32	-45.87, -30.94	.40*	-10.49**	31
RT	84.78	26.32	101.3	26.41	32	-24.75, -8.31	.62**	-4.10**	31
ď,	68.87	16.20	102.0	16.92	32	-39.82, -26.14	.37*	-10.14**	31

Note. MPH = methylphenidate; CI = confidence interval for Mean Difference; ACS = Attention Comparison Score, O = Omission Errors Standard Score, C = Commission Errors Standard Score, RTV = Response Time Variability Standard Score, RT = Response Time Standard Score.

\* *p* < .05, \*\* *p* < .01.

Table 3

Comparison of PR and MPH response according to the TOVA number of indices they responded by and the ACS.

Number of	I	Placebo (n=139)	MPH (n=32)		
response indices	n	0/0	n	0/0	
0	92	66.2	3	9.4	
1	21	15.1	2	6.3	
2	11	7.9	4	12.5	
3	5	3.6	10	31.3	
4	6	4.3	9	28.1	
5	3	2.2	4	12.5	
6	1	0.7	-	-	

Note. MPH = methylphenidate; ACS = Attention Comparison Score, O = Omission Errors Standard Score, C = Commission Errors Standard Score, RTV = Response Time Variability Standard Score, RT = Response Time Standard Score.

Table 4 The association between placebo response in CAARS-Inv and placebo response in TOVA (n=139).

	CA		
Variables	Responders <sup>a</sup> , (n=75)	Non-responders <sup>a</sup> , (n=64)	Phi (φ), P-value
ACS Responders, n (%)	22 (15.8)	12 (8.6)	$\varphi = 0.12$
Non-responders, n (%)	53 (38.1)	52 (37.4)	p=.15
O Responders, n (%) Non-responders, n (%)	12 (8.6) 63 (45.3)	3 (2.2) 61 (43.9)	$\varphi = 0.18*$ $p = .03$
C Responders, n (%) Non-responders, n (%)	11 (7.9) 64 (46)	5 (3.6) 59 (42.4)	$\varphi = 0.11$ $p = .21$
RTV Responders, n (%) Non-responders, n (%)	10 (7.2) 65 (46.8)	4 (2.9) 60 (43.2)	$\varphi = 0.12$ $p = .17$
RT Responders, n (%) Non-responders, n (%)	5 (3.6) 70 (50.4)	1 (0.7) 63 (45.3)	$\varphi = 0.12$ $p = .14$
d' Responders, n (%) Non-responders, n (%)	13 (9.4) 62 (44.6)	5 (3.6) 59 (42.4)	$\varphi = 0.14$ $p = .10$

*Note*. CAARS-Inv = Conners' Adult ADHD Rating Scale- Investigator rating; ACS = Attention Comparison Score, O = Omission Errors Standard Score, C = Commission Errors Standard Score, RTV = Response Time Variability Standard Score, RT = Response Time Standard Score.

<sup>&</sup>lt;sup>a</sup> CAARS placebo response – 25% Improvement.

<sup>\*</sup> *p* < .05, \*\* *p* < .01.

Figure 1

Comparison of Placebo Response and MPH response according to the TOVA indices

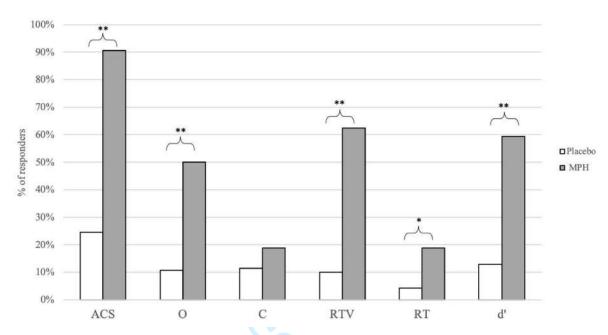


Figure 1. Percentage of responders to the different TOVA variables for each one of the treatments (Placebo\MPH); MPH - methylphenidate; ACS = Attention Comparison Score, O = Omission Errors Standard Score, C = Commission Errors Standard Score, RTV = Response Time Variability Standard Score, RT = Response Time Standard Score. \*p < .05, \*\*p < .001.

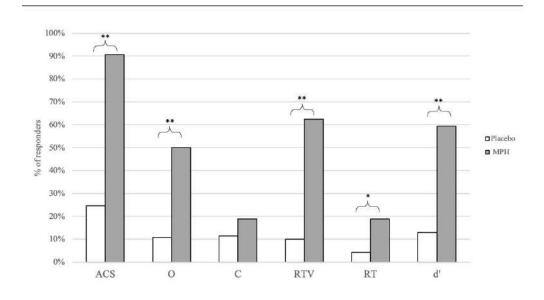


Figure 2

Comparison of PR and MPH response according to the TOVA number of indices they responded to

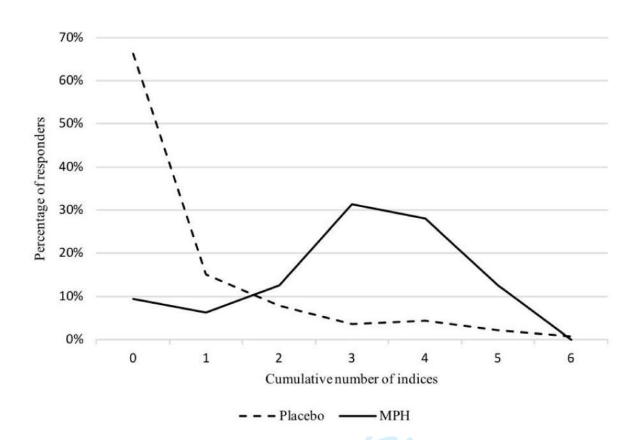


Figure 2. Comparison of cumulative number of indices in which there was a response between placebo and MPH. Regular lines includes all five TOVA indices. Dashed lines includes all five TOVA indices and the composite score (ACS).

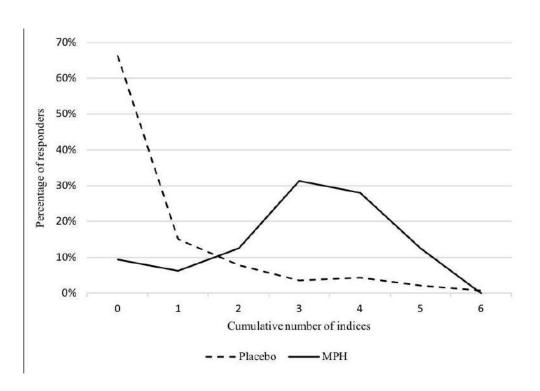


Figure 3

The moderation model: the effect of age on the correlation between the PR of CAARS (%) and the PR of TOVA (measured by indices number).

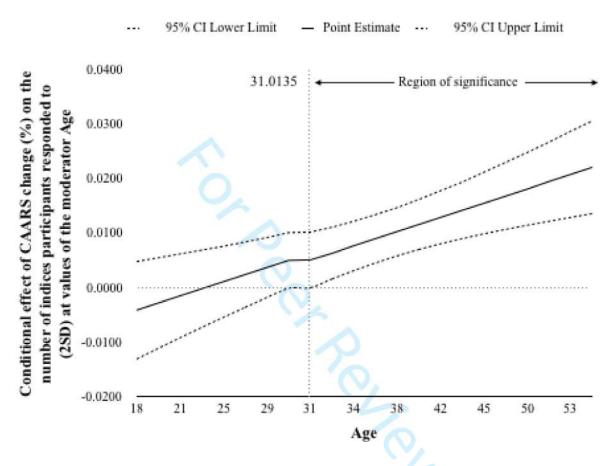


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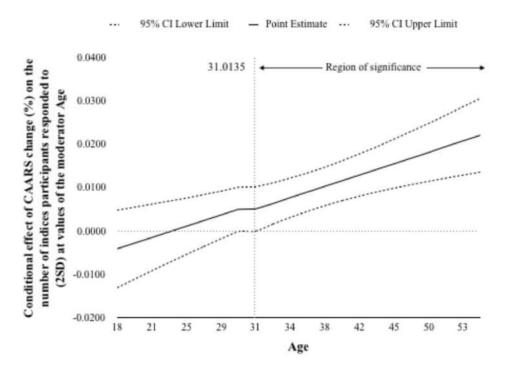


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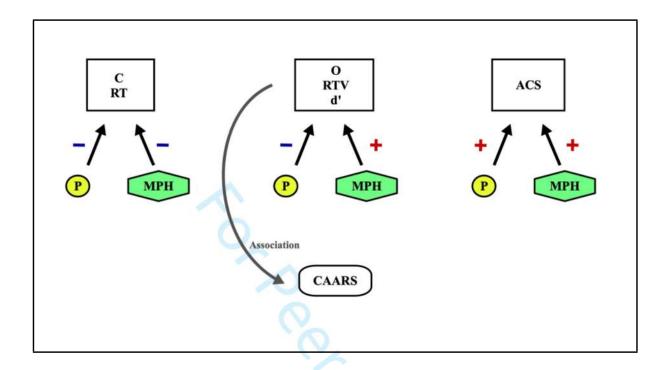


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MPH - methylphenidate; P = Placebo; ACS = Attention Comparison Score, O = Omission Errors Standard Score, C = Commission Errors Standard Score, RTV = Response Time Variability Standard Score, RT = Response Time Standard Score.

